



Ein cyf/Our ref WQ99023 and WQ99024

25 June 2026

Dear Paul

I am writing in response to your written questions:

**Will the Welsh Government introduce a men's health strategy in this Senedd?
WQ99023(e)**

**What engagement is the Welsh Government having with organisations
like Movember to discuss men's health? WQ99024(e)**

The Welsh Government has a range of strategies and policies in place that support the prevention and treatment of ill health amongst men.

We know that suicide is still the largest cause of death amongst men under 50, and the [Suicide Prevention And Self-Harm Delivery Plan for 2025-28](#), under our [10-year strategy](#) to reduce the rates of suicides and improve outcomes for people affected by suicide and self-harm, contains actions to support boys and men across Wales.

Further strategies are in place to support wellbeing across the population. As smoking tobacco is very harmful and causes cancers and heart disease, our [Tobacco control strategy for Wales](#) sets out our goal to make Wales smoke-free by 2030. Through the measures in the Strategy and those introduced in the recently passed [Tobacco and Vapes Act 2026](#), we are working to prevent smoking uptake and support more people to quit through our free NHS smoking cessation service [Help Me Quit](#). We are committed to developing a National Cancer Plan to combat cancer and to ensure better and more timely support for the one in two people in Wales who will receive a cancer diagnosis in their lifetime. We will also be carefully considering the UK National Screening Committee recommendation on prostate screening and its implications for Wales.

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Rydym yn croesawu derbyn gohebiaeth yn Gymraeg. Byddwn yn ateb gohebiaeth a dderbynnir yn Gymraeg yn yr iaith honno ac ni fydd gohebu yn Gymraeg yn arwain at oedi.

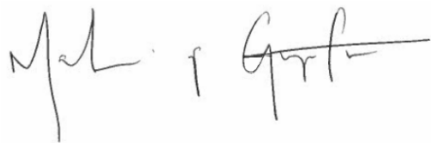
We welcome receiving correspondence in Welsh. Any correspondence received in Welsh will be answered in Welsh and corresponding in Welsh will not lead to a delay in responding.

As men are understood to drink more alcohol than women and drinking above recommended limits is linked to a range of long-term health conditions, we work with [Alcohol Change UK](#) to reduce alcohol harm and support healthy choices. A [minimum price \(MUP\) for alcohol](#) was also introduced in 2019 to help reduce alcohol-related harm and we have services available to support those affected by harmful drinking. We have also recently launched services to support people affected by gambling-related harm.

The [Healthy Weight Healthy Wales](#) strategy introduced in 2019 aims to prevent and reduce obesity in the long-term and supports the 60 Plus Active Leisure Scheme, helping thousands of people across Wales access physical activity and reduce health inequalities and social isolation. We also fund FIT FANS, a free 12-week healthy living and weight loss programme for adults aged 35 to 65, delivered in partnership with the Football Association of Wales and the English Football League Trust at venues across Wales.

My officials engage with a wide range of stakeholders across our portfolios, and requests from organisations are considered and scheduled in line with priorities, recognising the valuable contribution that third sector organisations make towards delivering our objectives.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'Mabon ap Gwynfor', with a stylized flourish at the end.

Mabon ap Gwynfor AS/MS

Gweinidog Cabinet dros Iechyd a Gofal
Cabinet Minister for Health and Care