

Eluned Morgan AS/MS
Y Gweinidog Iechyd a Gwasanaethau Cymdeithasol
Minister for Health and Social Services



Llywodraeth Cymru
Welsh Government

Jenny Rathbone MS
Senedd Constituency Member for Cardiff Central

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Dear Jenny,

I would like to thank you again for tabling the motion on incontinence and bringing to the forefront this hugely important subject which unfortunately remains taboo. The debate held in the Senedd on 10 May ([Plenary 10/05/2023 - Welsh Parliament \(assembly.wales\)](#)) highlighted urinary and faecal incontinence as not just a health issue, but a societal issue spanning the whole population that needs awareness raising and for us to collectively change attitudes.

My response relates to the reference made by Joyce Watson MS to update the Bump, Baby and Beyond leaflet to include adequate information and signposting regarding bowel function post birth. I am pleased to say that Bump Baby and Beyond has been updated and replaced with a series of booklets. The first booklet "Every Child – Your pregnancy and birth ('*Pob Plentyn - Eich Beichiogrwydd a'r Enedigaeth*') was published on 30 May and available both online and in hard copy, a link is attached for your convenience. [Every Child Your Pregnancy & Birth \(pagesuite-professional.co.uk\)](#)

Within **Section 6 – The first few days** pelvic floor problems are discussed and specifically bowel control and the prevention of incontinence (urine, wind and poo). Women are also signposted to the [Tommy's website](#) for more in depth information if this is required. Acting on outcomes of consultation with a wide range of stakeholders, Public Health Wales have reduced the amount of information included within the actual booklets. Women and families are now provided with links to trusted information available online and details of other organisations that provide support and help.

A further three resources will follow to support families through the early years of their child's life.

Yours sincerely

Eluned Morgan AS/MS
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Rydym yn croesawu derbyn gohebiaeth yn Gymraeg. Byddwn yn ateb gohebiaeth a dderbynnir yn Gymraeg yn Gymraeg ac ni fydd gohebu yn Gymraeg yn arwain at oedi.

We welcome receiving correspondence in Welsh. Any correspondence received in Welsh will be answered in Welsh and corresponding in Welsh will not lead to a delay in responding.