

Geirfa Gymraeg: Gordewdra ymysg Plant

Pwyllgor

Y Pwyllgor Plant a Phobl Ifanc

Cyflwyniad

Mae'r ddogfen hon yn crynhoi'r termau Cymraeg cyffredinol sy'n berthnasol i waith y **Pwyllgor Plant a Phobl Ifanc** ar ei ymchwiliad i ordewdra ymysg plant.

Termau

- active travel – **teithio llesol**
- All Wales Obesity Pathway – **Llwybr Gordewdra Cymru Gyfan**
- Appetite for Life – **Blas am Oes**
- bariatric surgery – **llawdriniaeth bariatrig**
- Bike It – **Beiciwch Hi**
- Body Mass Index (BMI) – **Mynegai Mâs y Corff (BMI)**
- cardiovascular disease – **clefyd cardiofasgwlaidd**
- Change4Life – **Newid am Oes**
- Chief Medical Officer – **Prif Swyddog Meddygol**
- Child Measurement Programme for Wales – **Rhaglen Mesur Plant Cymru**
- chronic conditions – **cyflyrau cronig**
- Climbing Higher – **Dringo'n Uwch**
- coronary heart disease – **clefyd coronaidd y galon**
- Creating an Active Wales – **Creu Cymru Egnïol**
- deprivation – **amddifadedd**
- dietetic – **dietig**
- dietician – **dietegydd**
- Food and Fitness – **Bwyd a Ffitrwydd**
- Health Behaviour in School Aged Children Survey – **Arolwg o Ymddygiad Iechyd mewn Plant Oedran Ysgol**
- health inequality impact assessments – **asesiadau effaith anghyfartaledd iechyd**
- healthy eating – **bwyta'n iach**
- healthy lifestyle – **ffordd iach o fyw**
- Healthy Schools – **Ysgolion Iach**
- heart disease – **clefyd y galon**
- hypertension – **pwysedd gwaed uchel**
- insulin resistance – **ymwrthedd i insulin**
- leisure facilities – **cyfleusterau hamdden**
- Lower Layer Super Output Area – **Ardal Gynnyrch Ehangach Haenen Is**
- MEND (Mind, Exercise, Nutrition, Do It) Programme – **Rhaglen MEND (Meddwl Ymarfer Corff, Maeth ... Ewch Amdani)**
- morbidity – **afiachusrwydd**
- multidisciplinary treatment services – **gwasanaethau triniaethau amlddisgyblaethol**
- National Exercise Referral Scheme – **Cynllun Cenedlaethol i Atgyfeirio Cleifion i Wneud Ymarfer Corff**
- nutrition – **maeth**
- Our Healthy Future – **Ein Dyfodol Iach**
- overweight – **dros bwysau**
- pathology – **patholeg**
- physical activity – **gweithgarwch corfforol**
- Public Health (Wales) Bill – **Bil Iechyd y Cyhoedd**

(Cymru)

- Public Health Wales – **lechyd Cyhoeddus Cymru**
- sleep apnoea – **apnoea cwsq**
- The 5x60 Programme – **Rhaglen 5x60**
- type 2 diabetes – **diabetes math 2**
- Walking and Cycling Action Plan for Wales –
Cynllun Gweithredu Cymru ar Gerdded a Beicio
- Welsh Health Specialised Services Committee –
**Pwyllgor Gwasanaethau lechyd Arbenigol
Cymru**
- Welsh Health Survey - **Arolwg lechyd Cymru**
- whole family approach – **dull teulu cyfan**
- World Health Organisation – **Sefydliad lechyd y
Byd**

Rhagor o wybodaeth

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